

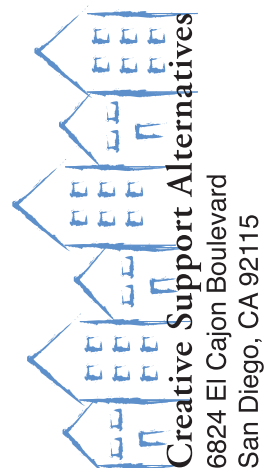


www.creativesupport.org

info@creativesupport.org

If you would like to learn more about
Creative Support Alternatives please call us at:
619.668.2228 San Diego Area
209.754.9956 Valley Mountain Region

Creative Support Alternatives is housed within
the Interwork Institute's Center for Community
Living, which also includes Creative Support
Alternatives - Valley Mountain. The Center for
Community Living is affiliated with San Diego
State University Research Foundation.



Empowering people with developmental
disabilities to live full and included lives.



Our Mission

Creative Support Alternatives functions as a small, grass-roots agency committed to standing with people throughout the challenges and celebrations of life. We use person-centered planning to discover people's visions for their futures and to develop unique patterns of support in order to realize those dreams. Central to our agency's mission is the belief that all people have the right to be valued members of their communities and to have relationships based on reciprocity and respect. We value individual choice and control so that people direct their own lives and services.



Providing **supported living** and **independent living** services to individuals with developmental disabilities.



Our Services

WHETHER THROUGH TEACHING OR COMPANIONSHIP SUPPORT, OUR SERVICES ASSIST PEOPLE TO:

COMMUNITY

Locate, acquire and maintain affordable housing through lease or home ownership.

Access neighborhood stores and services to participate in local organizations and events.

Facilitate relationships that embrace mutual support, friendship, and companionship.

Advocate for equitable access to all a community and its resources have to offer.

INDEPENDENCE

Complete daily living activities, such as cooking, cleaning, shopping, and personal care.

Build person-specific strategies to promote personal safety.

Manage finances to meet financial responsibilities, maintain long-term financial stability, and minimize risk of exploitation.

Explore employment interests, job development, and receive on-the-job support.

Identify and acquire adaptive equipment and technology.

SUPPORT

Develop a support team, which may include live-in and/or come-in personal assistance from one to twenty-four hours a day.

Fully utilize available resources such as Social Security benefits, In-Home Supportive Services, housing assistance, and mental health services.

Ensure optimal health through access to healthcare, medication management, and development of healthy lifestyle routines.

Develop behavioral supports which promote people's positive reputations.

Create personalized twenty-four hour emergency systems and back-up support.